

559 MARKET PLACE CAFÉ

Lunch Served from 11:00 – 3:00 EST

Frozen Casseroles, Drinks, Cookies & Desserts all day

Specialty Sandwiches (Whole Only) Allow time

- Grilled Roast Beef** with tomato, melted cheddar cheese, red onions, horseradish sauce on choice of bread 7.95
- Grilled Sliced Smoked Turkey Breast**, muenster cheese, tomato, bacon, basil pesto mayo, on choice of bread.....7.75
- Grilled Combo, Roast beef & Turkey** w/ tomato, basil pesto mayonnaise, muenster cheese on choice of bread 7.75
- Grilled Va. Ham & Swiss Cheese** with special dressing on choice of bread (with or without onions) 7.75
- Classic Ruben Sandwich**, grilled on rye, cornbeef, sauerkraut, swiss cheese, and russian dressing..... 7.95
- Philly Steak Sand** w/roasted veg & swiss cheese, Hoagie. 7.95
- Focaccia Bread** with ham, turkey, red onion, mozzarella cheese and basil tomato sauce toasted in oven7.95
- Kap's Big Grill Sandwich**, w/ham, turkey, olives, cheddar cheese, muenster cheese, cucumbers, tomato, bacon, mayo & sauerkraut, grilled on thick sour dough bread.....9.50
- One sandwich on 2 plates w/pickle & chips on each, add ...1.00
- Sandwiches---Choice of 9 Grain, Wheat, Sour Dough, or Rye**
Served with pickle and chips

WRAPS (Whole Only)

- Our Own Chicken Salad** with tomato, greens, bacon, flavored with tomato pesto mayonnaise 7.95
- Deluxe Chicken Salad** with apples, walnuts, cheese, bacon, greens with tomato pesto mayonnaise8.25
- Veggie Delight** with greens, cucumber, green pepper, tomato, cheese with tomato pesto mayonnaise 6.50
- Roast Beef, Turkey or Combo** with tomato, greens, cheese and tomato pesto mayonnaise 7.95
- One wrap divided on 2 plates w/pickle and chips add..1.00
- Wraps Served with pickle and chips.

CAFÉ SANDWICHES

- Market Roast Beef** with tomato and lettuce 7.50
- Smoked Sliced Turkey Breast** with tomato & lettuce..... 6.95
- Virginia Ham** w/ tomato & lettuce (cheese \$.25 ex)6.95
- Our Own Chicken Salad** with tomato & lettuce 7.25
- Deluxe Chicken Salad** (w/ apples & walnuts) with tomato and lettuce 7.95
- Pimento Cheese** (Toast or Plain) or **Grilled Cheese**.....5.25
- BLT** on plain or toasted bread 5.50
- Peanut Butter and Jelly** 4.75
- Croissant w/chicken salad**, choice of congealed salad..... 7.95
- Croissant w/deluxe chic salad**, choice of congealed salad 8.40
- Sour Dough, Wheat, Multi-grain, or Rye Bread w/pickle & chips

SOUPS

- Commanders Crab/Shrimp** ...Small 4.75 Large... 5.95
- Brunswick Stew, Fr. Onion** Small..... 4.25 Large 5.50
- Broc/Cheese or other soups**Small 4.00 Large 5.25
- SEE OUR "CREATE YOUR OWN" LIST FOR COMBINATIONS

SALADS

- Large Tossed Salad** with tomato, cucumber, olives and cheese 5.95 **w/scoop of Chicken Salad on top** 9.25
- Sm Tossed Salad**... 4.75 **w/ Chicken Salad on top** 7.25
- Chicken Salad Plate** with fruit cup & green salad with feta cheese, craisins, walnuts, and raspberry dressing 8.25
- Deluxe Chicken Salad (w/apples & walnuts) Plate** with fruit cup & green salad w/feta cheese, craisins, walnuts, and raspberry dressing 8.95
- Side Salad** of greens w/raspberry dressing, garnished with feta cheese, craisins & walnuts Small.. 4.50 Large5.95
- Side Dishes: Chicken Salad**.....4.00
- Dlx Chicken Sal**4.85
- Paula Deen's Bean Salad or Marinated Slaw 3.50
- Citrus Salad, Marinated Bean or Congealed Salad.....3.50
- SALAD DRESSING: RASPBERRY, RANCH, 1000 ISLAND, GREEK FETA, ITALIAN, HOMEMADE BLUE CHEESE**
- SERVED W/ CHEESE STICKS ... Extra Cheese Sticks... \$.25 ea**
- Any Substitutions on regular or daily specials \$.50 per item

GRILLED & SPECIAL SALADS (ALLOW A FEW EXTRA MINUTES)

- Grilled Shrimp on green salad with mandarin oranges, feta cheese, special orange dressing topped w/red onions.....7.95
- Cloister Shrimp Salad Plate** with Congealed Lemon, Lime Citrus Salad and Poppy Seed Muffin.....8.95
- South Western Salad** with Grilled Marinated Chicken Breast on green salad w/ black beans, corn niblets, feta cheese, red onion rings, tomato slices & tangy dressing 7.95
- Large "Kap's" Salad**.. Chopped greens, cucumbers, onions, tomatoes, olives, turkey & blue cheese dressing8.50
- Small "Kap's" Salad** 6.95
- Fresh Tomato stuffed w/chicken salad, cucumber slices.....7. 95
- Croissant w/ chicken salad, serving congealed salad..... 7.95
- Croissant w/ deluxe chic salad, serving congealed salad 8.40
- Salads served with Cheese Sticks...Extra Cheese Sticks..\$.25 ea.
- Any Substitutions on Regular or Daily Specials.... \$.50 per item

DESSERTS

- Brownie Bar**.....\$ 1.50 With Ice Cream 1.95
- Lemon Bar**..... 1.75
- Plain Cheese Cake**..... 3.75
- Strawberry Cheese Cake**..... 4.25
- Carrot Cake or Lemon Mist Cake** 3.95
- Million Dollar Choc Cake or Double Choc Cake** 3.75
- Coconut Cake** 3.75
- Package of 2 cookies** 1.50

Ask about Special Daily Desserts

ASK FOR OUR COMPLETE LIST OF FROZEN CASSEROLES FOR 4 OR 8 OR BY THE PINT
WE NOW HAVE FROZEN SOUPS BY THE PINT

BEVERAGES

- Ice Tea, Coffee (Free Refills).....1.30
- Cup of Ice or Water..... .25

FOOD TO GO (CHECK OTHER ITEMS IN THE DELI CASE)

- French Onion Soup** by the Pint 5.95
- Commanders Palace Shrimp & Crab Soup** by the Pint 7.50
- Brunswick Stew** by the Pint..... 6.95
- Broccoli/ Cheese or Soup of the Day** by the Pint 5.95
- Our Own Chicken Salad** by the Pint 7.50
- Our Own Deluxe Chicken Salad** by the Pint 8.50
- Paula Deen's Bean or Marinated Slaw** by the Pint..... .5.95
- Marinated Bean or Citrus Fruit Salad** by the Pint..... 5.50
- Homemade Pimento Cheese** by the Pint..... .5.95
- Rosemary Kalamata Olive Loaf** 6.50
- Our Own Raspberry Salad Dressing** (by the Jar)6.25
- Homemade Blue Cheese Dressing** (by the Jar)6.00
- Greek Feta Cheese Dressing** (by the Jar) 4.25
- Homemade Cakes (Order Ahead)** 28.50
- Large Congealed Salad (Order Ahead)**.....25.00

LUNCH SERVED 11:00 - 3:00 EST

FOR QUICK PICK-UP CALL AHEAD

TEL 334-756-4959

FAX.....334-756-4994 Pick up Desserts, Deli

Items or Casseroles

Available Until 6:00 p.m.

Prices subject to change due to rise in food cost.